

## ADULT CLASS SCHEDULE (15+ years)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6-7 AM			BEGINNER BJJ ADVANCED BJJ		BEGINNER BJJ ADVANCED BJJ		
11-12 PM						BJJ ADVANCED	
12-1 PM						BJJ BEGINNER	
12-1 PM		BEGINNER BJJ		BEGINNER BJJ		JUDO	
12-1 PM		ADVANCED BJJ		ADVANCED BJJ		NOGI OPEN MAT	BEGINNER WOMEN'S BJJ *AGES 12+
1-2:30 PM							OPEN MAT
6-7 PM	JUDO		JUDO				
7-8 PM	BJJ ADVANCED	WRESTLING / NOGI	BJJ ADVANCED	BJJ OPEN MAT	OPEN MAT		
7-8PM		BJJ OPEN MAT					
8-9 PM	BJJ BEGINNER	STRIKING (for boxing, kickboxing & MMA)	BJJ BEGINNER	STRIKING (for boxing, kickboxing & MMA)	MMA / NOGI		
8-9 PM	ADVANCED NOGI		ADVANCED NOGI				

## KIDS CLASS SCHEDULE (4+ years)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9-10 AM						BJJ (AGES 10-15)	LITTLE NINJAS MARRTIAL ARTS LEVEL 1
10-10:45 AM						BJJ (AGES 4-6)	LITTLE NINJAS MARRTIAL ARTS LEVEL 2
10-11AM						BJJ (AGES 7-9)	LITTLE NINJAS MARRTIAL ARTS LEVEL 2  LITTLE NINJAS MARRTIAL ARTS LEVEL 3 12-12:45 PM
5-5:45 PM	JUDO / BJJ (AGES 4-6)	WRESTLING / NOGI (AGES 4-6)	JUDO (AGES 4-6)	BJJ (AGES 4-6)	MMA (Boxing, Kickboxing & MMA) (AGES 4-6)		
5-6 PM	JUDO / BJJ (AGES 7-9)	WRESTLING / NOGI (AGES 7-9)	JUDO (AGES 7-9)	BJJ (AGES 7-9)	MMA (Boxing, Kickboxing & MMA) (AGES 7-9)		
6-7 PM	JUDO / BJJ (AGES 10-15)	WRESTLIG / NOGI (AGES 10-15)	JUDO (AGES 10-15)	BJJ (AGES 10-15)	MMA (Boxing, Kickboxing & MMA) (AGES 10-15)		



### LITTLE NINJAS MARTIAL ARTS (AGES 18 MONTHS TO 6)

LEVEL 1 (AGES WALKING TO 2)  
LEVEL 2 (AGE 3 - 4 YEARS)  
LEVEL 3 (AGES 4 - 6 YEARS)

[CLICK HERE FOR MORE INFORMATION](#)

### BEGINNER BRAZILIAN JIU-JITSU

DAYTIME, EVENING & WEEKEND AND WOMEN'S ONLY CLASSES AVAILABLE.

[CLICK HERE FOR MORE INFORMATION](#)

TUITION (MONTH TO MONTH AUTO RENEW)	<ul style="list-style-type: none"> <li>\$99 / MONTH 1 CLASS / WEEK</li> <li>\$159 / MONTH UNLIMITED CLASSES</li> </ul>
FAMILY TUITION (MONTH TO MONTH AUTO RENEW)	<ul style="list-style-type: none"> <li>\$405 / MONTH UNLIMITED CLASSES FOR 3 FAMILY MEMBERS</li> <li>\$475 / MONTH UNLIMITED CLASSES FOR 4 FAMILY MEMBERS</li> <li>5 FAMILY MEMBERS CONTACT US</li> </ul> <p>*FAMILY MEMBERS MUST LIVE IN THE SAME HOUSEHOLD</p>
1-ON-1 PRIVATE LESSONS	<ul style="list-style-type: none"> <li>MEMBERS \$650 / 10 SESSIONS</li> <li>NON-MEMBERS \$750 / 10 SESSIONS</li> </ul>